

PATANJALI YOGPEETH TRUST

Expansion of Patanjali Wellness Centre

DETAILS OF PROPOSED PROJECT :

The Managing Trustees have planned to expand the level of operations in field of wellness centre for Yoga, meditation, Panchkarma, naturopathy and other allied Ayurveda based treatment services.

The Trust has presently 45,654 Sq. Mtr. (66.8375 Bigha) Land behind Patanjali Yogpeeth, Phase-II, Village Shantershah (Khasra No. 335,336,346), Maharishi Dayanand Gram, Delhi Haridwar National Highway, Near Bahadarabad, Distt. Haridwar, Uttarakhand-249405 The Trust has planned to expand Patanjali Wellness centre at this site in order to serve the patients. This will be accommodation-based treatment centre. At Patanjali Wellness Centre, a wide range of holistic treatment services will be provided which are aimed at promoting physical, mental, and spiritual health. Our wellness centre integrates various traditional and modern therapies to provide a comprehensive approach to well-being. There is a list below of treatments to be provided at Patanjali Wellness Centre. Each of these treatments aims to restore balance and harmony within the body, addressing specific health concerns and promoting complete health.

1. Yoga
2. Ayurveda
3. Naturopathy
4. Panchkarma
5. Diet Therapy
6. Acupressure
7. Acupuncture
8. Physiotherapy
9. Yagya Therapy
10. Leech Therapy
11. Shringi Therapy
12. Vatmokshan
13. Raktmokshan
14. Shatkarma

The holistic and integrated approach offered by Patanjali Wellness combines various treatments and therapies to achieve sustainable and permanent cure for all curable and incurable diseases. Here are the collective benefits of these treatments:

1. Comprehensive Healing :

Each treatment modality addresses different aspects of health, ensuring a comprehensive approach to healing. Yoga promotes physical and mental well-being, Ayurveda restores balance and treats specific ailments, Naturopathy emphasizes natural healing methods and Panchkarma detoxifies and rejuvenates the body. This collective approach ensures that all dimensions of health are addressed. Collective support of medicated diet, disease specific yaga and leech / shringi for some specific pain related disorders makes this approach sustainable and permanent.

2. Personalized Care :

The treatments are tailored to meet individual needs, taking into account one's specific health concerns, body constitution and lifestyle factors. This personalized approach ensures that the treatment plan is well-suited to the individual, maximizing its effectiveness and long-term benefits.

3. Root Cause Treatment :

The integrated approach focuses on identifying and addressing the root causes of health issues rather than just alleviating symptoms. By targeting the underlying imbalances or dysfunctions, these treatments aim to provide sustainable and long lasting relief, helping individuals achieve true well-being.

4. Balancing Body, Mind and Spirit :

The holistic therapies at Patanjali Wellness consider the interconnectedness of the body, mind, and spirit. By promoting harmony and balance in these aspects, the treatments support overall well-being and create a conducive environment for healing and self-transformation.

5. Non-Invasive and Natural approaches :

Many of the therapies offered are non-invasive or with zero side effect and rely on natural methods such as herbal remedies, diet modifications and therapeutic exercises. These approaches minimize the risks of side effects and help the body restore its natural balance, promoting sustainable healing without dependency on external interventions.

6. Holistic Lifestyle Guidance:

Patanjali Wellness not only provides treatments but also offers guidance on holistic lifestyle practices. This includes recommendations for dietary changes, stress management techniques, daily routines and self-care practices. By integrating these lifestyle aspects, individuals can maintain their well-being even after completing the treatment programs.

7. Collaboration of experts:

The treatments at Patanjali Wellness are delivered by a team of experienced doctors, therapists and experts in their respective fields and trained at Patanjali. This collaboration ensures that patients receive comprehensive care and benefit from the collective knowledge and expertise of the team. Through the holistic and integrated approach of these treatments, Patanjali Wellness aims to bring about sustainable and permanent well-being. By addressing the root causes, providing personalized care and promoting balance in all aspects of health, individuals can experience long-term benefits and achieve a higher level of overall wellness.

Total cost of project is Rs. 302.54 Crores

COST OF PROJECT

Sr. No.	Particulars	(Rs. In Lacs)
1	Land (owned)	0
2	Land Levelling / Soil filling	249.57
3	Boundry wall construction	154.22
4	Building construction 2	26362.00
5	Furniture & fittings	2183.28
6	Office equipments (AC/TV/Fridge etc.)	13.50
7	Electrical equipments	928.07
8	Computers	13.50
9	Vehicles (Car & Ambulance)	350.00
	TOTAL COST	30254.14